

The Association for Sandplay Therapy
3rd Biennial Congress
Kruger National Park
South Africa

Our program promises to be another informative and exciting one!
Our theme this year is
Treasures in the Darkness

Daily Schedule in the Bush:

Mornings – Early morning safari to experience the animals in their natural habitats

Afternoons – Sandplay presentations

Evenings – Group consultation sessions



Consultation Opportunities

8 hours of group consultation are included in your conference fee
All congress participants are welcome to share in this rich experience
Please let us know if you would like to be a presenter – we have 4 slots
6-10 trays, in sequence 1,2,3, etc
Put them in a simple PowerPoint
Make the photos as large as possible
Label this way:

Mary Tray 1a (front view) Mary Tray 1b (detail shot)
Mary Tray 2 (front view only) etc

Contact us at: info@SandplayAssociation.com

Presentations



Marina Alekseeva
STR, RSAP/IAAP RC
Moscow, Russia

The Darkness Archetype in Sandplay

Presentation

In this presentation, we will explore the archetype of darkness as it appears in the Sandplay process. Using symbolic and case material, we will survey the essential role of darkness in the psyche's change process.

Marina Alekseeva has an extensive background in psychology and has taught at the university for several years. Marina is actively working in analytic training to become a Jungian Analyst. She lives in Moscow, where she practices with adults in Jungian Sandplay.



Elena Grishina
PhD, Analyst in Training
Moscow, Russia

*An Exploration of the Darkness and Needs
of University Freshmen through Sandplay*

Presentation

This presentation will present the results of the quantitative and qualitative study, conducted in conjunction with a master's degree student, on how Sandplay helps first-year university students to adapt to this new challenge in their lives. One case emerging out of the study will be explored to demonstrate the transformation of the dark corners of fear and anger in a participant's psyche.

Dr. Elena Grishina, a therapist and university lecturer from Russia, has a rich background in languages. She subsequently qualified in psychological counseling. She has been in practice for 6 years now with adults and adolescents. She is currently undergoing analytic training in Moscow.



Rose Harriet
STR-C, LPC, RPT-S
Buffalo, Wyoming, USA

The Good and the Terrible: Meeting the Great Mother

Presentation

In her Sandplay work, Carabeth, 14 when she entered treatment, confronts the “terrible mother,” who abandoned her to incest. Through a developmental progression in her work, as described by Erich Neumann and Dora Kalff, she moves from the devastation of her early wounding to the protection of the Great Mother.

Rose Harriet is a Registered Play Therapist-Supervisor, specializing in Experiential Play. She is a Registered Sandplay Therapist-Consultant, working with Sandplay therapists around the world. Rose has authored a chapter in *The Routledge International Handbook of Sandplay Therapy*, and works as Dr. Turner’s training assistant. She is in private practice, working with adults and children.



Stephanie Idalski

PPC

Buffalo, Wyoming USA

Facing Shiva: The Acceptance of Death

Presentation

Through the work of a 40 year-old man we will examine a journey into the profound grief of the loss of his mother as a child, and how it is by looking death in the face, that he recoups the treasure of the Self.

Stephanie Idalski is in private practice in Buffalo, Wyoming, working with children and adults. It was my past experience in a psychiatric residential treatment facility for children that ignited my passion for working with and helping children. I am a practitioner of both Experiential Play Therapy and Sandplay Therapy.



Lynne Souter-Anderson
PhD, RST-C
United Kingdom

Into the Deep Blue: A Sacred Mystery

Presentation

This presentation will study a woman's journey through the many phases of her life and the impact her mother, sisters and daughter have had on her life. Traveling with the whale down into the deep blue oceanic waters, we will witness a cleansing, healing, and restorative process.

Lynne Souter-Anderson is a Registered Sandplay Therapist-Consultant, a Fellow of the National Counselling Society, a BACP Senior Accredited Therapist, Accredited Senior Supervisor with Play Therapy United Kingdom. As founder of the Clay Therapy Community, in 2012, she established a pioneering clay therapy training in the United Kingdom. Lynne's private practice is in Cambridgeshire, UK where she offers psychotherapy for children, adolescents, adults, couples and families, clinical supervision and consultancy work. Her expertise in the field of Clay therapy, Sandplay and the Creative Arts in therapy is acknowledged through invitations to present training and conference workshops across the globe. Lynne is author of *Touching Clay, Touching What? The Use of Clay in Therapy*, and *Making Meaning: Clay Therapy with Children and Adolescents*. In addition she loves being a Grandma!



Eunice Stagg

MA, MBACP (Senior Accredited)

AST STR-CT

Dip Theology

United Kingdom

Finding the Place of Surrender in the Sandplay Process

Presentation

Through the mythology of an African folktale and the principles of Jungian psychology, this presentation will examine the element of surrender in the Sandplay process. Several case vignettes will be presented to explore the role of surrender in the psyche's healing and development process.

Eunice Stagg is an internationally respected trainer in Sandplay Therapy. She holds the AST distinction as a Registered Sandplay Therapist-Consultant Teacher. Teaching widely in the UK and in Asia, Eunice's Sandplay work always embraces her deeply-rooted spirituality. She authored a chapter in *The Routledge International Handbook of Sandplay Therapy*, and serves on the Board of Directors of the Association for Sandplay Therapy.



Jamie Straessler

STR

Buffalo, Wyoming, USA

The Loss of the Father: Resolution in Sandplay

Presentation

This presentation explores the work of a seven year old girl who undergoes a brave journey into the darkness, where she is finally able to accept the loss of her father and begin to grieve.

Jamie Straessler has been a counselor for 13 years. My first 6 years were spent in an elementary school and the last 7 years in private practice. I had my first Sandplay experience in 2011 when I took Dr. Turner's two week Sandplay 1 course, where I fell in love with Sandplay. I have been on a Sandplay journey ever since. In 2014, I earned my STR status. I am currently working to become a certified Sandplay consultant and eventually a teacher. I have a super supportive husband and three fantastic children who keep me on my toes.



Barbara Turner
PhD, STR-CT
RPT-S

The Archetype of the Witch in Sandplay: Its Significance in Human Development

Presentation

In this presentation, Dr. Turner explores the archetype of the witch in history and in intrapsychic functioning. She shows when and how the symbol of the witch arises, along with the crucial inner and outer-world changes she carries. Using vignettes from several cases, Dr. Turner illustrates how the archetype of the witch arises at times of psychic crises, when we reach the cross roads of continuing to move in one's truth, or its perversion into societally expected norms. Finally through the brief case of a young woman, we explore the role of the witch in her acceptance of her homosexuality.

Barbara Turner holds the Doctorate in Transformative Learning, the Master's Degree in Counseling Psychology, and the Bachelor's Degree in Religious Studies. She is a Registered Sandplay Therapist-Consulting Teacher, and a Registered Play Therapist-Supervisor. She began her studies of Sandplay in the late 1980's with Dora Kalff in Switzerland. Her passion for this method of depth inquiry set her on a quest to come to understand how it is Sandplay works to move the psyche. This resulted in the creation of *The Handbook of Sandplay Therapy*, now translated into five languages and used around the globe as the go-to reference manual for Jungian Sandplay. Her commitment to the abiding Self and inner Truth in Sandplay work

and practice culminated in her creation of The Association for Sandplay Therapy, in 2015, for which she serves as President. Dr. Turner has, and continues to, teach Sandplay around the world, and has written many books and articles on the subject. The latest of her books is *The Routledge International Handbook of Sandplay Therapy*, for which she was senior editor. This book is now used internationally as a library reference manual for exploration of the Jungian Sandplay therapy methodology.



Celia van Wyk

PhD, Doctor of Alternative Medicine
Johannesburg, South Africa

A Journey with the Black Dog

Presentation

We will explore the short case of a brave woman I call Rosie, age 73, who was dying of cancer. In her Sandplay process she finds resolution, as she confronts the dark demon of her tumor. Rosie's companion through her work was a black wolf-like dog. We will examine this figure in African folklore and its transformative properties in Rosie's final journey.

Celia van Wyk is the founder and administrator of Sandplay Therapy Training in South Africa. Celia has undergone studies and intensive training in Sandplay Therapy in various countries. Celia completed her advanced post graduate training in Sandplay Therapy in the USA with Dr. Barbara Turner in March 2011. She serves on the Board of Directors of AST, and is the first Registered Sandplay Therapist – Consultant Teacher in South Africa. She completed her Doctoral Degree in Mental Health in November 2015. Celia is a registered mental and natural health practitioner and Sandplay therapist, who provides Sandplay therapy to adults as well as children in her practice in Johannesburg, South Africa.

Celia has written several articles and papers on Sandplay therapy. She has been invited to several psychotherapeutic meetings, workshops, and television shows in South Africa to speak about Sandplay therapy. She is passionate about her work as a mental health practitioner and especially about Jungian Sandplay therapy.



Bev Wilson
South Africa

The Unspoken: A Young Boy's Journey in Silence

Presentation

This presentation follows the journey of a six year-old boy through darkness and chaos. Supported by treasures and rich symbolism, he finds a path out of the unspoken.

Bev Wilson is the founder and Director of the Professional Child Care College in Johannesburg, South Africa, that specializes in training child care workers. She has an extensive background in education, prior to her studies for psychological counseling. She works with the student community at the college using Sandplay for general practice and for treatment of trauma and violence.

We cannot wait to see you in Kruger!