



The Association for Sandplay Therapy

Clarity, Loving Kindness & Humility in the Practice of Sandplay

### Fall is on its Way

*... enjoy the harvest of our labors & prepare for winter's retreat*



### Upcoming Activities

#### HUGE AST FUND RAISER!

Association for Play Therapy Conference - Minneapolis on Oct 10-13, 2017

The AST will be selling highly coveted miniatures from our many collections that have been donated for fund raising. **Drs. Barbara Turner** and **Pam Starr** have generously donated their treasured collections which they add to several smaller ones. Antiques, art pieces, items from around the world. 859 pounds of toys! Seriously, Dr. Turner packed and weighed all of them.

Thanks to **Rose Harriet**, **Jamie Straessler**, **Cheryl Stauffer** and **Barbara Turner** for contributing their time and travel expenses to make this happen. Especially to **Cheryl**, who designed this beautiful shopping bag. We would love to see you and to send you home with many bags filled with marvelous miniatures! **Jamie** has organized a social and network gathering on Wednesday, October 11, 2017, at 6:00 PM. Visit us at **AST BOOTH No. 22** for more information.



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- AST Board Member, [Rose Harriet](#), will present a Sandplay class at the Annual Wyoming Association for Play Therapy State Conference in June, 2018. More details will be announced in future newsletters.
- **Barbara Turner** will make a presentation at the Association for Play Therapy conference on the neurological aspects of Jungian Sandplay and how working with the sand and figures effects change in the brain.

**Rose** reminds us to connect to the unconscious with automatic writing. With a bit of practice, it becomes a meaningful experience. First, pose a question or issue in writing to your Spirit Guides, Deeper Self, or Higher Power. Without judgment, set aside your conscious mind and let your pen do the writing. Just keep writing and see what develops. Doing this we enter into a flow that feels very freeing and natural. It is normal to observe the unconscious mind "speaking" more formally than regular language. Continue the journey to discover your Self in this fascinating method.

#### **News from Romania - Barbara Turner, Rose Harriet & Daniela Marinescu**

With the able assistance of co-trainers, **Rose Harriet** and **Daniela Marinescu**, **Dr. Turner** conducted a two-week Sandplay I training for an enthusiastic group of 14 students in the port city of Constanta, Romania. The second part of the training will take place in 2018. Pictured below are **Daniela Marinescu, RPT-CT, Gina Mocanu-Apostu, Barbara Turner & Rose Harriet**.



#### **News from the UK - Eunice Stagg**

The Association has been very busy in the UK over the past few months. In July, we held a wonderful get together at Ely Cambridgeshire with over forty delegates attending from all over the country. Those present were able to meet the Board of AST, hear about the association's work around the globe, and listen to a wonderful presentation given by **Dr. Turner** on the topic of the Kalachakra Mandala. Everyone commented on the warm welcome and gracious hospitality they received; and were delighted to meet and network with other UK Sandplay training groups and Sandplay enthusiasts.

In September, a second group of trainees completed their 4 weeks of theoretical training. A wonderful achievement. Below you can see the group having a celebratory meal together and one of the students receiving her award from UK teacher **Eunice Stagg**.

October 2nd sees the start of a new round of training in the UK. This course is now full and bookings are already coming in for the 2018 training which will begin in October next year. If you are interested in this training, then please contact [Eunice](#).



### News from South Africa

**Our September 2018 International Congress** will be here sooner than we think! [Celia van Wyk, STR-CT](#), is working very hard once again to organize our wonderful, life changing learning experience in South Africa. Within a few days, Kruger Park will be wanting our number of attendees in order to guarantee our place in beautiful Berg-en-Dal camp. We have a number of reservations and anticipate several more. If you do plan to attend be certain to register and pay your \$100 fee. [Sandplay & Safari](#)

There is still time to submit proposals for presentations. Presentations are 1.5 hours and we like to use some of that time for questions and answers. We will have a number of presentations from several highly experienced Sandplay therapists, but sincerely encourage presentations from newer people in the field as well. Our theme is "Treasures in the Darkness." Presentations can be theoretical investigations of the role of darkness in the process of transformation, illustrated by case material; the symbolism of darkness as it appears in Sandplay; or a case presentation where the client underwent a deep period of darkness. These are only suggestions - be creative, *read and think*.

Remember family members are always welcome. However, the park does not allow young children. We will have the pricing ready in a few weeks. This is a complicated business, as we must deal with making reservations a year in advance, as well as fluctuating currency rates. Do know that we always work to make this as affordable as possible. Last years have been under \$1000 per person for 7 nights - cabins, park fees, and conference costs. We would love to see you there!

### Member Voice

#### **The Wound of Memory: My Experiences of Sandplay**

Juliette Ttofalt

It has been a real privilege to be part of a small team of Educational Psychologists (EPs) trained to deliver Sandplay therapy by Eunice Stagg. There are seven of us here in Gloucestershire, UK, who have received a total of 15 days training and are now beginning our journeys to become Registered Sandplay Therapists.

Even with the expense of therapists' time and Sandplay materials, the schools in Gloucestershire have really supported Sandplay - some even giving us our own private rooms or designated areas in which to work. The number of students referred for Sandplay grows each year.

Support for our Sandplay work continues to expand, as the parents and teachers report remarkable student improvement. We measure the effectiveness of Sandplay therapy using a combination of pupil questionnaires, parent reports, teacher feedback via 'Target Monitoring & Evaluation' (TME) and 'Strengths and Difficulties Questionnaires' (SDQs). Results are usually recorded in a summative report for the school and parents, as well as in our therapeutic work records.

Sandplay's strength as a therapeutic approach lies in this ability to offer a gentle and respectful way for children and young people to process their difficult and adverse life experiences, or traumas using their own language - the language of play, storytelling, imagery, and rich symbolism. It is a language that we, as adults, must attune to and continue to preserve in order to support a child's natural healing process and inner resilience.

#### **MEMBERSHIP UPDATE**

Thank you so much to those of you who have renewed your membership and to our new members. We are grateful for your continued support of the Association for Sandplay Therapy. Membership, which brings integrity to our work through the support for one another, and helping others in need. This is in addition to its fundamental role in sustaining the AST and the values of clarity, loving kindness and humility in the practice of Sandplay. For those of you who have not yet renewed, please do so now.

**As a reminder**, if you applied between :

May & October - Membership fees are due in July

November & April - Membership fees are due in January

#### **Join or renew now**

MAST - Member Association for Sandplay Therapy	\$75	<a href="#">MAST RENEWAL</a>
STR - Registered Sandplay Therapist:	\$100	<a href="#">STR RENEWAL</a>
STR-C - Registered Sandplay Therapist - Consultant	\$100	<a href="#">STR-C RENEWAL</a>
STR-CT STR- Consulting Teacher	\$100	<a href="#">STR-CT RENEWAL</a>

**Remember . . .** *All Registered members must complete an online form* regarding your relationship to Sandplay, thoughts you want to share, your consulting and teaching activities. This is so we can be aware of each Registered Members's activities and serves as a personal reflection on our deepening in the work.

***May your lives and your work be blessed***

**Newsletters are available on the website at: [www. SandplayAssociation.com](http://www.SandplayAssociation.com)**