

Clarity, Loving Kindness & Humility in the Practice of Sandplay

Greetings to our family of Sandplayers - we are already planning for our 3rd International Congress in South Africa . . . see below

April - A Primrose & Sandplay

Embarking on my daily countryside walks, I have noticed that every springtime there blooms a patch of beautiful primroses.

Not uncommon for the UK countryside, these delicate flowers can be found buried in a deep ditch at the side of a farm field. Few people will ever walk that way to see them, and still



fewer might notice that they are there at all, yet year after year they return with their grace and splendour.

As I pondered on what lessons these delicate flowers might have to teach me, I recalled our AST principles of humility, clarity and loving kindness.

Our work in Sandplay reminds us that we approach everything we do with humility. It is never about how much we know; how clever we are; seeking recognition for ourselves or increasing our reputation. Like the blooming of these flowers, much of what we do will never be seen or recognised by those passing by. It is hidden from view and will go unnoticed; and yet our responsibility lies in our faithfulness, our dependability and integrity to go about our work with truthfulness and clarity and as the saying goes 'Bloom where you are planted.'

The other lesson I felt these flowers were teaching me, was to recognise those whom others pass by or disregard. So many people in our society today are marginalised, dismissed, or ignored. This equally applies to our clients, our students and even our fellow therapists. We must reach out to others with loving kindness, show them that we notice them, care about them and share with them in their sorrows and joys. A

smile, a kind word or expression of encouragement, can go a long way in helping others feel a sense of worth and purpose in their lives.

Symbolically the primrose stands for patience, kindness and gentleness; and incorporates the meaning of nurturing and belonging. AST also seeks to incorporate these values of the heart and recognises the importance of each individual member. We would love to hear from any one of you at any time, so that although scattered about the globe you may feel that sense of belonging and community.

Eunice Stagg, STR-CT
AST Board Member

MEMBER SPOTLIGHT

...a new feature to the AST Newsletter. Each month we will introduce an important member of our global family

This month we feature our esteemed Board Member
Rose Harriet, STR-C



Rose M. Harriet is a Licensed Professional Counselor, Registered Play Therapist-Supervisor, and Registered Sandplay Therapist-Consultant who works in private practice in Buffalo, Wyoming, USA. Her practice, Counseling and Play Therapy Center, LLC, specializes in the treatment of children 18 months old to young adulthood.

Rose is a board member of the Wyoming Association of Play Therapy and is the secretary of the board of Association for Sandplay Therapy. Recently, Rose contributed a chapter to the Routledge International Handbook of Sandplay Therapy and is working on her sandplay teaching credential with Dr. Barbara Turner. She is available to provide supervision, consultation, and process work for play and sandplay therapies.

Sand Facts

*Did you know... Sand formed by weathering is termed epiclastic
The University of Hawaii calculated that there are about seven quin trillion,
five quadrillion grains of sand on all the beaches in the world -
7,500,000,000,000,000,000. Astronomers say there are 100 stars in the
Universe for every grain of sand on the Earth's beaches.*

Consultation and Training

Training with Celia Van Wyk, STR-CT - South Africa



**AST Accredited Group Consultation
Johannesburg, South Africa**

Celia van Wyk, PhD Registered Sandplay Therapist
- Consulting Teacher

Saturday 22 & Sunday 23 April 2017
8 Attendance Credits granted per day

These hours count towards your Registration as Sandplay Therapist
Cost: R2340 per day - R4200 for both days

For more information
[Trainings with Celia](#)

**Trainings & Consultation with Eunice Stagg -
STR-CT - UK**

Starting 4th October 2017
For more information [Training with Eunice](#)



Training with Barbara Turner, STR-CT - USA

Sandplay II

January 15 - 26, 2018
Palm Desert, California

The Sandplay I training with Barbara Turner at her home in Palm Desert, California, was a great success. Due to the great heat of the desert, the Sandplay II training has been moved to January 15-26 2018

Sandplay II is open to all who have completed Sandplay I, or its equivalent

Join Dr. Barbara Turner, author of the *Handbook of Sandplay Therapy*, for her well-known core curriculum in Jungian Sandplay.

Sandplay I

July 2017

Constanta, Romania

For information [Trainings with Barbara](#)

Group & Individual Consultation Openings Available
[Contact Barbara](#)

Rose Harriet, STR-C - USA



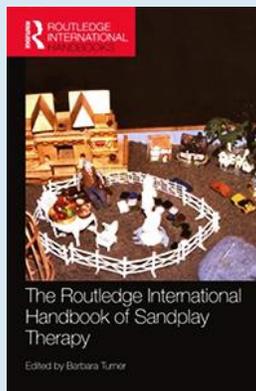
Individual Consultation
Contact [Rose Harriet, STR-C](#)



Lynne Souter-Anderson, STR-C - UK

Individual Consultation
[Contact Lynne](#)

Now Available !!



The Routledge International Handbook of Sandplay Therapy
Barbara A. Turner - Editor

[Download Flyer](#) & 20% off coupon !!

About the Book

The Routledge International Handbook of Sandplay Therapy provides a comprehensive overview of this therapeutic method,

developed to provide a means of helping clients of all ages with mental suffering. The contributors, from a range of therapeutic and cultural backgrounds, demonstrate core theory and practice, and explore the implications of current neuroscientific research. The chapters illustrate the effectiveness of this seemingly simple, yet highly complex, psychotherapeutic tool in its contemporary applications. Split into six parts, this handbook considers:

- * Sandplay therapy in medicine
- * Sandplay with special populations
- * Sandplay in analysis and general practice
- * Adaptions of the Sandplay method in education
- * Sandplay and the spirit
- * Non-Jungian uses of the sand tray in therapeutic applications

Unique in scope and breadth, this handbook will appeal to academics and students of Jungian psychotherapy, as well as occupational therapists, art and play therapists, and all clinicians using Sandplay therapy as part of their professional practice.

Upcoming Events



AST's 3rd International Sandplay Congress

September 16 - 23, 2018

Treasures in the Darkness

Kruger Park, South Africa

Joyfully, we are beginning the planning for our 3rd International Congress at Kruger National Park. Safari in the morning and Sandplay in the afternoon. Connecting with the wild animals in the bush, their natural habitat, connects us to the earth and each other with a deep and inherent understanding of the wonder of life. Everyone who attends wants to return - it is a life-changing experience.

Following a developmental pattern of transformation in our congress themes, this time we will explore the theme of Treasures in the Darkness. All congress presentations will investigate and discuss various aspects of going into the darkness as an essential aspect of psychic transformation.

The AST Board of Directors would like each of you to review your Sandplay work to see if you are able to find a case, or examples from

several cases, to illustrate and explore how it is that only by going into the darkness we are able to access new aspects of ourselves.

We will have approximately 12 hours available for presentations, in addition to our daily featured lectures.

See online submission form for congress presentation proposals <http://sandplayassociation.com/international-congress-september-2018/>
For Information [Contact Celia](#)



Eunice Stagg, STR-CT is hosting a UK meet up with
Dr. Barbara Turner, STR-CT & Rose Harriet, STR-C
AST Board Members

Thursday 27th July 5 00pm - 8 00pm
Bishop Woodford House
Barton Road
Ely Cambridgeshire CB7 4DX

A light tea will be provided and Dr. Turner will give a short presentation.

Cost £10 per person - to cover cost of room hire and refreshments
Anyone interested in Sandplay is very welcome. Please make the most of this unique opportunity!
Contact Eunice [Contact Eunice](#)

Newsletters are available on the website at: [www. SandplayAssociation.com](http://www.SandplayAssociation.com)