

## Clarity, Loving Kindness & Humility in the Practice of Sandplay

We are well into the New Year, back to being busy with work and making plans for the year ahead. Having used the holidays and the turn of the New Year for our personal and spiritual reflection, The Association for Sandplay Therapy supports each of us in doing what we can to make this world a better place. Even the smallest gesture or change of heart does have an impact. Let us know what you are doing.



*Happy and Blessed New Year*



### **Service to Others**

An important aspect of our work as members of AST is doing service to others. This is volunteer work that we do to share our skills and gifts to bring about deep order change and to help the less fortunate among us. As our Registered Sandplay Therapists know, doing volunteer service to the community is an integral part of our membership renewal process.

### ***Una Brisa de Esperanza - Bolivia*** **A Breeze of Hope**

<http://www.abreezeofhope.org>



In this effort, Barbara Turner is working with A Breeze of Hope, a Bolivian organization, which has taken on the vast problem of the sexual violation of children in the region, using the legal system, movements for

societal change and psychotherapy.

The scope of the problem is difficult to comprehend, as 34% of girls and 23% of boys in Bolivia have been sexually abused before age 18. Barbara has volunteered to train a group of ten psychologists in Sandplay therapy.

The Association for Sandplay Therapy embraces giving and generosity of spirit. As Mother Teresa said: It's not how much we give but how much love we put into giving.

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*Knowing your own darkness is the best method for dealing with the darkness of other people.*

Carl Jung

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## Upcoming Events

**Training with Celia Van Wyk, STR-CT - South Africa**



**Free Webinar -  
Sandplay Therapy - What on Earth is it?**  
[For dates & to register](#)

Sandplay I Week 1; Bloemfontein, Free State  
13-17 February, 2017

Sandplay I Week 1; Johannesburg, Gauteng  
6-10 March, 2017

Sandplay I Week 1; Stellenbosch, Cape Town  
8-12 May, 2017

Sandtray Play in Education - UK  
July, 2017

*For more information*  
[Trainings with Celia](#)



**Trainings with Eunice Stagg - STR-CT - UK**

Starting 4th October 2017  
For more information [Training with Eunice](#)



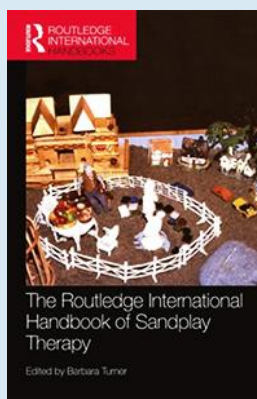
**Training with Barbara Turner, STR-CT - USA**

Sandplay I  
March 27 - April 7, 2017  
Palm Desert, California  
For more information: Trainings with Barbara

In the beautiful Palm Springs area of Southern California  
Join Dr. Barbara Turner, author of the Handbook of  
Sandplay Therapy, for her well-known core curriculum in  
Jungian Sandplay.

Sandplay I  
July 2017  
Constanta, Romania  
For information Trainings with Barbara

*Now Available !!*



*The Routledge International Handbook of Sandplay Therapy*  
Barbara A. Turner - Editor

[Download Flyer](#) & 20% off coupon !!

### **About the Book**

*The Routledge International Handbook of Sandplay Therapy* provides a comprehensive overview of this therapeutic method, developed to provide a means of helping clients of all ages with mental suffering. The contributors, from a range of therapeutic and cultural backgrounds, demonstrate core theory and practice, and explore the implications of current neuroscientific research. The chapters illustrate the effectiveness of this seemingly simple, yet highly complex, psychotherapeutic tool in its contemporary applications. Split into six parts, this handbook considers:

- \* Sandplay therapy in medicine
- \* Sandplay with special populations
- \* Sandplay in analysis and general practice
- \* Adaptions of the Sandplay method in education
- \* Sandplay and the spirit
- \* Non-Jungian uses of the sand tray in therapeutic applications

Unique in scope and breadth, this handbook will appeal to academics and students of Jungian psychotherapy, as well as occupational therapists, art and play therapists, and all clinicians using Sandplay therapy as part of their professional practice.

Newsletters are available on the website at: [www. SandplayAssociation.com](http://www.SandplayAssociation.com)

