



## Clarity, Loving Kindness & Humility in the Practice of Sandplay

### January 2019

#### Intention...



Wyoming Night Sky  
photo courtesy of Jake Brooks

January naturally brings us to new beginnings and we often devise *resolutions* -- declarations to make ourselves or lives better in some way. The focus is on the negative element we dislike and thus, the resolution is usually broken quite quickly. What if we set *intentions*? By sending the positive intention out to the universe, we can reap what we sow with more positive light. Bring the positive into your life and allow that energy to heal within.

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#### AST's International Growth

**AST** continues to welcome members and students from all over the world. Eunice Stagg and Celia van Wyk have been training and supervising new Sandplayers in Singapore. There, we have gained the expertise of therapists who are excited to incorporate Sandplay into their practices. In October 2019, Singapore is hosting a Symposium to spread the word and value of Sandplay. The AST Board will be on hand to make presentations, provide group and individual consultations, and celebrate their work. Keep reading the newsletter for more information.

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#### AST News Around the Globe

##### South Africa - Dr. Celia van Wyk

16-23 May 2019 Sandplay I  
12-19 September 2019 - Sandplay II  
Group and Individual Consultations  
[Contact Celia](#)

##### UK & Singapore - Eunice Stagg

4th February 2019 - UK, Week2  
28th February 2019 - Singapore, Week3  
Group and Individual Consultations  
[Contact Eunice](#)

**Wyoming, USA - Dr. Barbara Turner & Rose M. Harriet**

29th May-1 June, 2019 Sandplay Training1  
~DEADLINE TO REGISTER IS APRIL 20, 2019~  
Group and Individual Consultations  
[Contact Rose](#)

**Bucharest, Romania - Daniela Marinescu**

Upcoming trainings in  
Bucharest, Timisoara, Brasov, Constanta, Romania.  
Upcoming trainings in Bulgaria and Moldova  
Group and Individual Consultations  
[Contact Danieł](#)

**Dr. Barbara Turner**

**29th May-June1, 2019 Sandplay Training1**

Dr. Turner has started some small training groups for more advanced Sandplayers who are interested in becoming Registered Sandplay Therapist-Consultants, RST-C.

Barbara also offers on-going courses in Sandplay - both read-and-study and video formats. [For information](#)

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**Barbara Turner & Rose Harriet- Buffalo, Wyoming, USA**  
Sandplay Training, Parts I & II. New, more accessible format.  
[Contact Us](#)



*Wyoming Broncs..photo courtesy of Jake Brooks*

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*We thank all of you for your continued support of our mission. . .*

*Clarity, Loving Kindness & Humility in Sandplay Therapy*

**Newsletters are available on the website at:** [The Association for Sandplay Therapy](#)