



Clarity, Loving Kindness & Humility in the Practice of Sandplay

Treasures in the Darkness

At this time of the year, we begin to look for Spring to come. However, we must endure more challenging days of Winter bareness. As in nature, in the cycle of psychic development this is the time of the darkness before the light. It begins to feel unbearable, but there is no escaping it. We must abide in the darkness if the new light is ever to be



Evelyn de Morgan, Hope in the Prison of Despair; 1887

found. For the Christian community, this is the Lenten season, which commemorates Christ's 40 days of tribulation and fasting in the desert, prior to his sacrifice and resurrection. Intrapsychically, when a new psychic quality is required to resolve the ego's arresting paralysis, the limits of its possibilities, the ego must surrender its hold on its current "reality." The conscious position plunges into the darkness of the unconscious where, we hope, the Self will provide some form or transformative resolution. There are no promises,

however. The psyche must undergo the raw and terrifying experience of dissolution and hopelessness if transformation is ever to occur. We must abide and surrender to these forces far greater than our limited consciousness. We forbear to sustain life.

The theme of our upcoming Congress addresses this very process. It is titled, ***Treasures in the Darkness***, where we will explore and address this aspect of psychic development in the Sandplay process. Please see the website to [submit a presentation proposal](#).

**3rd Biennial AST International Congress - Kruger Park
South Africa**



Excitement is building in the Association for Sandplay Therapy. Our upcoming International Congress at Kruger National Park is receiving record bookings. Among the many Sandplay therapists attending, we are also very happy to welcome numbers of therapists

from other disciplines. What a wonderful way for them to learn about Jungian Sandplay and to engage in cross-theoretical discussions with our international colleagues. We are pleased that this broad spectrum of clinical disciplines is able to converge at the Congress - this underscores the AST's commitment to openness and inclusion.

Kruger booking ends in March, which is fast upon us. The reason for this is that Kruger Park is one of the world's most popular wild game reserves, and the accommodations fill up very fast. See our website for booking details. September 16-23 For information contact: [Celia van Wyk](#)

Upcoming Sandplay Events

**Wyoming Association for Play Therapy - Summer Conference
June 29-30, 2018 Riverton, Wyoming**

Jungian Sandplay: An Introduction with Experiential Practice



Rose Harriet, LPC, RPT-S, STR-C takes Sandplay to the **Wyoming Association for Play Therapy Summer Conference** in Riverton, WY, June 29-30. Rose will discuss the foundations of Jungian Sandplay as created by Dora Kalff. Topics introduced in her seminar will include a brief background in Jungian theory as it applies to Sandplay, creating a free and protected space, ethics, symbol, the use of Sandplay

in the clinical setting. The presentation and significance of first trays in a series will be the focus. This is a unique and enticing presentation for all participants, regardless of previous exposure to Sandplay. For information contact: [Wyoming Association for Play Therapy](#)

Sandplay Trainings with Eunice Stagg, STR-CT

April & October 2018 - UK Trainings

North area and Scotland

For information contact: [Rachel Cruise](#) or [Eunice Stagg](#)

June 2018 - Training in Singapore

For information contact: [Lynette Balota](#)

Sandplay Trainings with Barbara Turner, PhD, STR-CT, RPT-S

June 2018 - Cochabamba, Bolivia

Barbara begins the first of a 4-week Sandplaty training for the psychologists at [A Breeze of Hope Foundation](#)

A Breeze of Hope works with psychological interventions, legal avenues, community education, and medical and health programs to effect a paradigm shift in the deeply entrenched sexual violence inherent in the region. This remarkable organization has influenced changes in the law to protect victims against sexual violence, to incarcerate perpetrators and to bring healing and hope to the many victims. The AST is honored to participate in this charitable outreach work.



Sandplay figures needed - Being so remotely located, Breeze has limited access to miniatures. They are in need of the broadest range of figures. Dark, light, people, landscaping, architecture - everything. If you can take a moment to go through your collection and pass along some figures, we would greatly appreciate it. The AST can ship some and Barbara can carry some with her. Please contact: [The Association for Sandplay Therapy](#)

July 2018 Barbara Turner & Rose Harriet - Bucharest, Romania

2-week Sandplay II Training - Our Romanian friends have graciously invited any US or International therapists hoping to complete their Sandplay II course to join us in Bucharest! For information contact: [Dr. Turner](#)

*We thank all of you for your continued support of our mission. . .
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Newsletters are available on the website at: [The Association for Sandplay Therapy](#)