

April 2021



## The Association for Sandplay Therapy

*... loving kindness, clarity & humility in the practice of Sandplay*



### Meet Nataly Vlayraki, STR-C NEW Sandplay Consultant

Having acquired a University Degree in French Literature, I started setting up my business in 1996 founding Foreign Language Schools, where I worked as a director and foreign language teacher for almost 18 years. I can speak fluent Greek, English, French, Italian and Spanish.

Although I may still run the schools, I diverged from that path long ago as I discovered my true passion; Psychology.

In 2004, I acquired my second University degree, qualifying as a Psychologist and in 2008 I continued with a Masters in School Psychology.

In 2013, I trained as a Play therapist at PTI, where I currently offer my services as a Supervisor. That was the time when I

first encountered the Sandplay method, and immediately fell in love with it. Soon thereafter, I started training and consulting with Eunice Stagg and afterwards with Barbara Turner.

Since then, I have set up my private practice where I work with children, teenagers and adults. Today, I collaborate with several Playtherapists, functioning as a Playtherapy Center, where I supervise the whole procedure.

Sandplay is a basic part of my work, as I have witnessed the process of hundreds, maybe thousands of clients.

I have trained as an EMDR therapist, EFT Couple therapist, Theraplay, DDP, Story Play. Furthermore, I have a great interest in the neurobiological aspect of the therapeutic tools I try to integrate in my work.

I have lived almost my entire life in Chania, Crete. I absolutely adore traveling, either for trainings, or for entertainment with my husband and two teenage children.

I draw my power from the sun and the sea, which I am lucky enough to have in excess most days of the year. You may contact Nataly for supervision at [natalyvalyraki@yahoo.gr](mailto:natalyvalyraki@yahoo.gr)



### Symbolism of Tulips

*The meaning of tulips is generally perfect love. Like many flowers, different colors of tulips also often carry their own significance.*

*Red tulips are most strongly associated with true love, while purple symbolizes royalty.*

*White tulips are used to claim worthiness or to send a message of forgiveness.*

**Sandplay Consultants** are in high demand. AST is growing and more people are seeking STR status. This is exciting news for our organization as we want as many people as possible to receive STR certification. To help with consultations, both individual and group, we are in need of more consultants. If you have been designated as STR for three years or more, please consider filling out the application for STR-C status. See the requirements **on our website.**

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