

February 2021



The Association for Sandplay Therapy

... loving kindness, clarity & humility in the practice of Sandplay



Meet Alison Howe, STR-C NEW Sandplay Consultant

I am delighted that I have recently achieved STR-C Consultancy status and first would like to thank the current Consultants for their help support and encouragement through the process – especially Eunice Stagg, Rose Harriet, Barbara Turner and Lynne Souter-Andersen.

I live near London and work part time in 2 schools – one large state primary school up to age 11 and also a preparatory boarding school up to age 14. I have considerable experience in Schools since 2014 and the children and young people like to engage in Sandplay and clay work. I am a Senior Clay Practitioner.

I am very much looking forward to working with AST members as a Consultant and I can be contacted alisonhowe.counsellor@gmail.com.



"Breathing in,
I calm my body.'Breathig out, I smile.
Dwelling in the present moment,
I know this is
a wonderful moment."
~ *Thich Nhat Hanh*

Sandplay Consultants are in high demand. AST is growing and more people are seeking STR status. This is exciting news for our organization as we want as many people as possible to receive STR certification. To help with consultations, both individual and group, we are in need of more consultants. If you have been designated as STR for three years or more, please consider filling out the application for STR-C status. See the requirements [on our website](#).

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