



The Association for Sandplay Therapy

. . . loving kindness, clarity & humility in the practice of Sandplay

One Of the many wonderful things about practising and learning Sandplay is that it teaches us to live the symbolic life. When things appear to us, or enter our lives in sudden or routine ways, we learn to ask Why has it come? Are there lessons for me to learn from this? What does it mean?



As I sit writing this introduction to our newsletter, gazing out of the window, my attention is caught by the sight of a large red kite (The feathered variety) soaring overhead. These beautiful and powerful birds were almost extinct in the UK just a few decades ago but thanks to a protection order they are now plentiful and commonly seen.

What are some of the lessons I might learn from this appearance? What might it have come to teach me?

I think the first, is one of **perseverance**. At times in our lives, the odds seem so heavily stacked against us that it is very tempting to give up, to let our dreams, goals and passions fade and die out. It takes courage and determination to hang on, to believe that we can succeed and trust in our ability to overcome whatever is standing in our way.

Secondly, the Kite can teach us to **see the bigger picture, the wider view**. To not allow ourselves to become bogged down or stuck in the details, to only dwell on the here and now. We must learn to see the vista of life and recognise that whatever is happening for us in the moment is only a tiny thread in the great tapestry. Our present experiences and circumstances are but a drop in the ocean. Never unimportant or insignificant but always a part of a whole and greater representation of the mystery of life.

Finally, the Kite can teach us to **ride with the thermals**. We often use the phrase 'go with the flow' but it is so much greater than that. The kite actively uses the winds and gales to carry him in the direction he needs to go. When the storms of life batter and buffet us, the temptation is to fight against them, and we become exhausted in the battle. The kite has learned that active surrender is a better way. We deliberately let go and allow the wind to lift us higher and higher until at last we reach the eye of the storm. A place of calm and perfect peacefulness.

At this time of year, as many of us head off on vacation or seek a change of scene, remember to look around, to truly notice, observe and to question why has this come into my life at this time? The answer may surprise you. May you have a wonderful summer season and remember to always look up and Fly High!

AST President – Eunice Stagg





Effective July 2022 – STR Renewal Requirements

In order to continue to maintain AST's high level of professionalism with our growing number of registrants, STR Renewals will document the following:

10 Continuing Education hours of Sandplay related courses and/or Jungian theory and practice

6 Individual Consultations per year with AST STR-C or STR-CT registrants and/or ISS Certified Teachers

[Please see the June Newsletter for Course Resources](#)

Nicky Wiper

I thought that it might be helpful as the newest member of the AST Board and Secretary that I introduced myself .

I live in Colchester in the UK, with my husband Steve and slightly spoilt Angora cat - Tissi. My two grown up children live locally and I have one exceptionally cute and adored granddaughter.

I have gone through many role incarnations throughout my life, before discovering the wonder and beauty of Sand play. I once thought that after becoming a graduate and post graduate, leading to Higher Education lecturing that I had achieved my goal in life. However, my latest incarnation as a Sandplay therapist with the humility and love that it requires, and so deserves, is by far my most beloved and fulfilling stage of life.

I look forward with excitement and, possibly, a little trepidation, to serving you all on the Board at this pivotal time as the Association increases in visibility and influence.



Visit our Website

Sandplay: A Psychotherapeutic Approach to the Psyche

Dora M. Kalff

Now available on our website! This is the 2004 edition, edited by Barbara Turner, PhD, which is now out of print. Don't miss the opportunity to add this valuable volume to your library.

Rachel McGovern STR-C

Lynne Souter-Anderson STR-C

Jamie Straessler STR-C

Natalia Valyraki STR-C

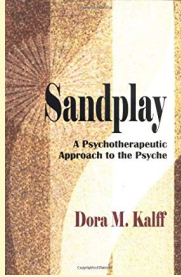
Rose Harriet STR-CT

Daniella Marinescu STR-CT

Eunice Stagg STR-CT

Barbara A. Turner, PhD STR-CT

Celia van Wyk STR-CT



[\\$18.99](#)

[AST Member Price: \\$17.99](#)

Training Opportunities

[Eunice Stagg STR-CT - UK Training](#)

[Barbara A. Turner, PhD, STR-CT, RPT-S](#)

September 2021 - Complete training in Jungian Sandplay - all webinar based. 2 webinars per month

[Details here](#)

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