



The Association for Sandplay Therapy

... loving kindness, clarity & humility in the practice of Sandplay

We have come to Fall, the time of turning inward for the winter ahead. This is a season of introversion and self-reflection, as well as a celebration of the fruits of Spring and Summer.

Around the world there are countless harvest celebrations, wine, beer, and sake festivals, acclaiming the abundance of the earth and our good fortune. The Jewish tradition celebrates the new year with Yom Teruah, or Rosh Hashanah. We also have remembrances of those who have preceded us into the darkness, such as the Mexican Day of the Dead, and Halloween. Although the traditions vary from culture to culture, they all concern the end of the season of fruition and the movement into dormancy,



I am personally moving into the coming winter period in deep reflection. It has been seven years since I founded the Association for Sandplay Therapy. We are a wonderful, loving organization with highly trained, intelligent, and ethical practitioners around the world. I am so proud of this and of the extent of the healing and transformation work our AST members bring to thousands of people.

While I will continue teaching and consulting, as long as I am able, I will retire from the Board of Directors at the end of this year, entrusting the running of our organization to our capable and dedicated Board members. It has been a great honour restoring loving kindness, clarity, and humility to the practice of Sandplay and I thank each of you for your many roles in making this possible.

Barbara A. Turner, PhD
Founder, Association for Sandplay Therapy
President Emeritus



STR-C & STR-CT Resources

[Alison Howe STR-C](#)

[Rachel McGovern STR-C](#)

[Lynne Souter-Anderson STR-C](#)

[Jamie Straessler STR-C](#)

Effective July 2022 – STR Renewal Requirements

In order to continue to maintain AST's high level of professionalism with our growing number of registrants, STR Renewals will document the following:

10 Continuing Education hours of Sandplay related courses and/or Jungian theory and practice

6 Individual Consultations with AST STR-C or STR-CT registrants and/or ISS Certified Teachers

[Please see the June Newsletter for Course Resources](#)

Natalia Valyraki STR-C

Rose Harriet STR-CT

Daniella Marinescu STR-CT

Eunice Stagg STR-CT

Barbara A. Turner, PhD STR-CT

Celia van Wyk STR-CT

Membership Renewals will have been sent out in July. We plan to have our entire Membership roster on our new cloud platform, called "Wild Apricot." This allows each member to update contact information and other details. Look for the launch soon!

Recently I was reminded of this stunning poem that speaks so deeply to the need for authenticity and to be real as we share in the journeys of our colleagues and clients. I hope that it touches your heart and soul as it did mine.
Nicky

The Invitation

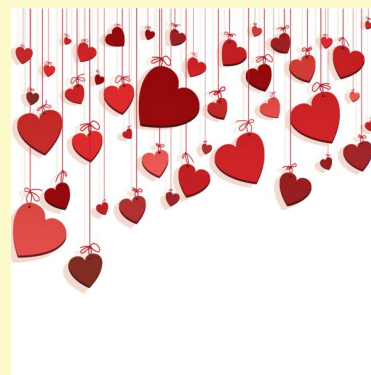
By Oriah Mountain Dreamer

It doesn't interest me what you do for a living.
I want to know what you ache for
and if you dare to dream of meeting your heart's longing.

It doesn't interest me how old you are.
I want to know if you will risk looking like a fool
for love
for your dream
for the adventure of being alive.

It doesn't interest me what planets are squaring your moon . . .
I want to know if you have touched the centre of your own sorrow
if you have been opened by life's betrayals
or have become shrivelled and closed
from fear of further pain.
I want to know if you can sit with pain
mine or your own
without moving to hide it
or fade it
or fix it.
I want to know if you can be with joy
mine or your own
if you can dance with wildness
and let the ecstasy fill you to the tips of your fingers and toes
without cautioning us to be careful be realistic
remember the limitations of being human.

It doesn't interest me if the story you are telling me is true.
I want to know if you can disappoint another to be true to yourself.
If you can bear the accusation of betrayal
and not betray your own soul.
If you can be faithless and therefore trustworthy.
I want to know if you can see Beauty



even when it is not pretty every day.
And if you can source your own life from its presence.
I want to know if you can live with failure
yours and mine
and still stand at the edge of the lake
and shout to the silver of the full moon,
"Yes."

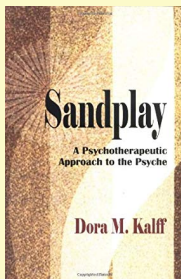
It doesn't interest me to know where you live
or how much money you have.
I want to know if you can get up after the night of grief and despair
weary and bruised to the bone
and do what needs to be done to feed the children.

It doesn't interest me who you know or how you came to be here.
I want to know if you will stand in the centre of the fire with me
and not shrink back.

It doesn't interest me where or what or with whom you have studied.
I want to know what sustains you from the inside
when all else falls away.
I want to know if you can be alone with yourself
and if you truly like the company you keep
in the empty moments.

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Selection from THE INVITATION, Harper: San Francisco, 1999.

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Sandplay: A Psychotherapeutic Approach to the Psyche

Dora M. Kalff

Now available on our website! This is the 2004 edition, edited by Barbara Turner, PhD, which is now out of print. Don't miss the opportunity to add this valuable volume to your library.

[\\$18.99](#)

[AST Member Price: \\$17.99](#)

Training Opportunities

[Eunice Stagg STR-CT - UK Training- Starts September 2021](#)

For further information please contact: e.stagg@btinternet.com

[Barbara A. Turner, PhD, STR-CT, RPT-S](#)

Webinar-based Sandplay training continues with the addition of our second group. This is a wonderful way of learning and connecting with our international colleagues. Part of Dr. Turner's PhD program was in creating online transformative learning platforms. In this she specialized in Sandplay therapy. If you are interested in joining a training group in 2022, you may contact Barbara. (DrBarb@BarbaraTurner.org)

New online webinar-based training in Sandplay therapy
September 2021 - July 2022
226 Total Training Hours
\$2,100

[Details here](#)

[Celia Van Wyck PhD, STR-CT](#)

Online Webinar Training South Africa
Starting date: [26 January 2022](#)

For further information please contact : celia@sandplay.co.za

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